



“Beware Lest Thou Forget the Lord”
Show Notes & Transcripts

Podcast General Description:

followHIM: A *Come, Follow Me* Podcast with Hank Smith & John Bytheway

Do you ever feel that preparing for your weekly *Come, Follow Me* lesson falls short? Join hosts Hank Smith and John Bytheway as they interview experts to make your study for The Church of Jesus Christ of Latter-day Saints’ *Come, Follow Me* course not only enjoyable but original and educational. If you are looking for resources to make your study fresh, faithful, and fun--no matter your age--then join us every Wednesday.

Podcast Episode Descriptions

Part 1:

What if a book of Moses, written thousands of years ago, held the exact answers to our most pressing struggles today? Dr. Camey Andersen explores Deuteronomy’s timeless themes, from the ancient shema prayer Jesus himself leaned on during temptations, to teaching children in the Church’s life-changing educational work in West Africa.

Part 2:

Dr. Camey Andersen continues to examine Deuteronomy’s call to serve the stranger, the fatherless, and the widow—connecting ancient covenant-keeping to modern Church efforts like BYU Pathway, the power of mentorship, and her own personal journey as a faithfully anchored single mother.

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Part 1 -

- 00:00 - Part 1 - Dr. Camey Andersen
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- 2:00 Why Deuteronomy matters and key themes
- 05:43 Bio
- 09:27 Diving into Deuteronomy
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- 13:53 The power of remembrance
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- 1:08:45 End of Part 1 - Dr. Camey Andersen

Part 2 -

- 00:00 - Part 2 - Dr. Camey Andersen
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- 2:05 Our own history as strangers
- 4:08 Dr. Andersen's personal journey as a single mother
- 6:38 Elder Holland: "Are We Not all Beggars?"
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- 16:14 Likening "love the stranger" to parenting and teaching
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- 35:07 The Fatherless in Deuteronomy and the power of mentorship
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- 50:11 Dr. Andersen's own mentors and testimony of Jesus Christ
- 54:10 Choose Life
- 58:14 End of Part 2 - Dr. Camey Andersen

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Dr. Camey Andersen, Ph.D., works to improve opportunities for education for youth in countries around the world as Senior Manager for Strategy and Research and the Africa West and Utah Area Manager for the Succeed in School program in Seminaries and Institutes of Religion for The Church of Jesus Christ of Latter-day Saints. She is an Adjunct Instructor at Brigham Young University in the Marriott School of Business and Religious Education. As a single mother of four children, she returned to school and earned her Ph.D. in Instructional Psychology and Technology at Brigham Young University. She researches and writes about mentoring, and her publications can be found at www.Mentoring123.com or connect with her on LinkedIn at camey-andersen, IG @ camey_andersen. Her religious publications can be found at RSC.BYU.edu. She loves to spend time with her six amazing grandchildren and Succeed in School students everywhere!

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Beware Lest Thou Forget the Lord PART 1



GUEST: DR. CAMEY ANDERSEN

- Hank Smith: 00:00:00 Coming up in this episode on FollowHIM.
- Dr. Camey Andersen: 00:00:03 The Church just released its [caring report](#) for 2025. More than \$1.5 billion spent in humanitarian efforts around the world. Truly incredible to think that we are part of a church that not only does amazing things on Sunday, that helps us grow in our testimonies, but that so generously contributes to the help, happiness, and education of others.
- Hank Smith: 00:00:41 Hello, my friends. Welcome to another episode of followHIM. My name is Hank Smith. I'm your host. I'm here with my cohost, John Bytheway, who teaches diligently. John, I know you're a teacher, but honestly, you teach diligently. How long have you been doing that?
- John Bytheway: 00:00:59 I started teaching at BYU in 1996, taught in BYU Provo until 2005. I've been at the Salt Lake Center since 2005 up until now.
- Hank Smith: 00:01:09 A wonderful career. You teach diligently. John, that's from Deuteronomy chapter six verse seven. Thou shalt teach them, your children, diligently. John, we are honored today to have someone we've never had on the show before. Her name is Dr. Camey Andersen. Camey, if we can call you Camey, thank you for being here on followHIM.
- Dr. Camey Andersen: 00:01:31 Thank you. Hank and John, I am so thrilled to be here. I have been a long time listener.
- Hank Smith: 00:01:40 We love Camey Andersen. We're excited to share with all of our listeners. John, now, Deuteronomy isn't something that I would think the average person just thinks about. When I say Deuteronomy, and you've studied the scriptures a long time, what do you think of? Like, what lesson comes to mind?
- John Bytheway: 00:02:00 One of the first things I think of, Hank is something you taught me, which has always been right there, but it's that when Satan tried to tempt the Savior, he always gave a scripture for an

answer, and they're all out of Deuteronomy. There are some real refrigerator magnet type great verses out of Deuteronomy. When Jesus was told, Read your scriptures, where did he read? Well, he read the Old Testament, right? He read Deuteronomy.

Hank Smith: 00:02:27 These are the scriptures Jesus read. Camey, what do you want to do today? As you've been preparing, what do you hope we walk away with?

Dr. Camey Andersen: 00:02:38 I am so excited to talk about some of these great principles that are in Deuteronomy. It may not be the first book of the Old Testament or of the scriptures that comes to mind when we think, What scripture could I go to for guidance, for help, for instruction? Yet, there's such great counsel to us, support to us. We're, of course, coming to the end of the life of the great prophet Moses. How can we finish his journey? He is coming after an incredible life that he's had to share his thoughts with the Israelites as they move into their next phase of life. We know that Moses will not be going with them. He's there. You can imagine him up on the top of the mountain, looking down, thinking, I am finishing my time as a prophet. What will I say to them? Talking about the Ten Commandments again, but not just the commandments, but how they would remember them and the importance of remembering in their lives that they don't forget the Lord and the things that He's taught them and the miracles that He's done in their lives.

00:04:07 Also, he talks about watching out for the stranger, being able to be aware of those who are maybe not exactly like us, but who need our love and concern. We see that in Deuteronomy 15, very important, very relevant to today. In the end, I think a strong encouragement for all of us, be strong enough of good courage. We remember that was the youth theme just a few years ago. To have that strong conviction, that strong testimony that no matter what, that we can keep that commitment to our Savior, to his gospel, and to helping our family, friends, those around us move forward on the covenant path. Deuteronomy 30:19, it says, "Therefore, choose life that both thou and thy seed may live." No matter what happens around you, no matter what difficulties you face, and Israelites have faced a lot of difficulties and they have difficulties to come, but they choose life through our Savior Jesus Christ that I hope will be the focus of our discussion today.

Hank Smith: 00:05:32 Camey, I am already excited to walk through this with you. John, when someone is excited about a topic, that is contagious.

John Bytheway: 00:05:42 Right.

Hank Smith: 00:05:43 It gets exciting. All of a sudden I'm thinking, I can do this. Oftentimes, when we think of Moses, we probably think of the stories of Moses. Not necessarily the teachings of Moses. This is where we get his sermons, his words. Now, before we go any further, John, there may be a couple of people out there who don't know Camey as well as we do, I'm guessing there's some. What do we know about Camey? What do we know about her background? Tell me who this is.

John Bytheway: 00:06:13 When I read Camey's bio, I thought of that verse in [3 Nephi, 3 Nephi 6](#), where it says, "The people began to be divided by ranks according to their riches and their chances for learning." She is all about giving people chances for learning, which is a wonderful mission. She works for education for youth in countries around the world as a senior manager for strategy and research in Africa West and Utah in the [Succeed in School](#) program in seminaries and institutes. We had been talking before we started a lot about Africa, which she was very excited about. [She](#) is an adjunct professor at Brigham Young University in both the Marriott School of Business and in religious education. And she teaches at the BYU Salt Lake Center where I teach. She's a single mother of four children. [She](#) returned to school, earned her PhD in instructional psychology and technology.

00:07:12 Camey, I have to tell you, long time ago when I was in my 20s, I went to a youth conference in Florida. After the youth conference, they took us over to meet your parents who were so kind to us that day. This was long before the church got to know Elder Neil Andersen. I don't remember even if he was the stake president or an area authority or something, but they were so kind and so nice. I'll never forget their hospitality to us in Florida back in the 90s or maybe it was the 80s.

Dr. Camey Andersen: 00:07:52 I will make sure and pass that on to them. I'm sure it was just a highlight to get John Bytheway to Florida where not very many people ventured back in the days. I have to say, this is a full circle moment for me as I was a younger mother walking through the halls of my house with younger children. At night, I would hear the voices of Hank Smith and John Bytheway coming from their CD players at night where they, especially if someone came to town and brought them a new one, they would rush to bed early, which was always a blessing. As a mother, I'm very grateful to you for your great influence on my children who you've never even met, although some have now had the chance to be in Dr. Hank Smith's religion classes and have been very positively influenced that way. It's really a testimony to the fact of the power of words to influence because your

testimonies, even back then, influenced my young sons to help live the gospel in a place where there were not a lot of members. That's part of the message of Deuteronomy. I'm remembering with Moses and Israelites today.

- Hank Smith: 00:09:27 That was incredibly touching.
- John Bytheway: 00:09:29 Thank you.
- Hank Smith: 00:09:30 Yeah.
- John Bytheway: 00:09:30 I knew Moses. Hank didn't know Moses, but I knew Moses.
- Hank Smith: 00:09:34 That means a lot to me. It really does to hear that you would trust us with helping your children. Let's jump in. Let's discover Deuteronomy. Speaking of remembering, the lesson this week is called Beware, lest thou forget the Lord. The [manual](#) starts this way. Moses' earthly ministry began on a mountain where God spoke to him from a burning bush. It also ended on the mountain more than 40 years later when God gave him a glimpse of the promised land from the top of Mount Nebo. Moses had spent his life preparing the children of Israel to enter that promised land, and the book of Deuteronomy records his final instructions, reminders, exhortations, and pleadings with the Israelites. Reading his words makes it clear that the real object of Moses' ministry, the preparation the people needed, wasn't about wilderness survival, conquering enemies, or building a nation. It was about learning to love God, obey him, and remain loyal to him.
- 00:10:36 That's the preparation we all need to enter the promised land of eternal life. So although Moses never set foot in the land flowing with milk and honey, because of his faith and faithfulness, he did enter the promised land that God has prepared for all those who follow him. What a beautiful way to start this lesson. With that, Camey, we are ready to learn from you. Walk us through what you want us to see in Deuteronomy.
- Dr. Camey Andersen: 00:11:00 There's so much that we could talk about. One is that there's an important prayer in Judaism. It's called the [Shema](#), and it's the declaration of faith. If you went to Jerusalem today, it would be recited at least twice, once in the morning and once in the evening. It helped the Jewish people recommit to God and to their faith. Hank, would you mind to read a continuation of this prayer?

Hank Smith: 00:11:38 You got it. This is Deuteronomy 6: 4-9. "Hear, O Israel, the Lord our God is one Lord. And thou shalt love the Lord thy God with all thine heart and with all thy soul and with all thy might. And these words, which I command thee this day shall be in thine heart, and thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up. Thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes, and thou shalt write them upon the posts of thy house and on thy gates."

Dr. Camey Andersen: 00:12:21 Beautiful. Thou shalt love the Lord thy God with all thine heart, with all thy soul, and with all thy might. Even when I hear you read that, I just think about my own testimony of the Savior and how critical that is to me that I keep the Savior forefront in my life. I love that they're reciting that every day. What are some of your thoughts as you read this very important first commandment?

Hank Smith: 00:12:54 Just last week with [Dr. Dave Thomson](#), he said the exact same thing. Israel struggled when they weren't looking at the Lord. When they looked at what they didn't have or what they left in Egypt and he said, That's when they struggled. Yes, difficult things happen, but my focus keeps those things in my periphery. They don't become the center of my world.

John Bytheway: 00:13:19 Well put. You mentioned a youth theme before. We've had the theme of, look unto to me in every thought, doubt not, fear not. We did that one from the Doctrine and Covenants. We did section 19, learn of me, listen to my words, walk in the meekness of my spirit. Hank, we've said this multiple times, [President Nelson's](#) famous statement that the joy we feel has less to do with the circumstances of our lives and everything to do with the focus of our lives. That's just another reminder. Different way of saying it, but here's Moses teaching the same thing.

Dr. Camey Andersen: 00:13:53 And not always easy to remember. This book is about remembrance. This Hebrew word is zakar, which it appears more than 160 times in the Old Testament and the most in Deuteronomy. That's remember. Our first example is, of course, the Savior himself. When he was on the earth, what did he quote?

Hank Smith: 00:14:20 Deuteronomy.

- Dr. Camey Andersen: 00:14:22 People may not necessarily connect the New Testament to Deuteronomy, but I think that that should give us something to think about.
- John Bytheway: 00:14:34 Way back when we began the Old Testament, [Joshua Sears](#), I think is the one who just made me think, Tell me the stories of Jesus is the song we used to sing, but now it's telling me the stories of Jehovah and Jesus, because they're the same being. When Jesus was quoting Deuteronomy, sometimes he was quoting words he gave to Moses himself, which is kind of, whoa. That's a very reliable person to quote.
- Hank Smith: 00:15:04 Camey, you mentioned those, I call them those silly talks I used to do, but one that became very important to me was one called [Five Temptation Killers](#). Kind of an odd title. I noticed that the Savior basically wiped out temptation by quoting scripture. I wanted my children and those listening to that funny little talk to pick out temptation killing scriptures, things that they can have ready to go. It could be short, but I don't think Jesus said, Hold on, Satan, let me look this up. I think he had it right in his mind ready to go. John, I love what you said earlier, which was, this is the scriptures Jesus read. Sometimes we think, oh, Deuteronomy. Come on. I can skip this. Jesus would say, I memorized it.
- Dr. Camey Andersen: 00:15:54 I love that, Hank. That is such a great insight. He's quoting these scriptures. John, could you read Matthew 22:36 through 38? We don't want to hold people in suspense saying, what scripture is it?
- John Bytheway: 00:16:12 Okay, here's Matthew 22, starting in verse 36. Master, which is the great commandment in the law? Jesus said unto him, Thou shalt love the Lord thy God with all thy heart and with all thy soul and with all thy mind. This is the first and great commandment, and the second is like unto it. Thou shalt love thy neighbor as thyself. On these two commandments hang all the law and the prophets.
- Dr. Camey Andersen: 00:16:40 It would benefit all of us, we happen to have a few scriptures. Hopefully, maybe for this week, you have one from Deuteronomy that you find that's special to you, but that you have those scriptures that when you face moments of temptation, when you face moments of challenge, that those scriptures will come to your mind, especially if they have to do with our Savior Jesus Christ. They are so powerful to help reframe your thinking, reframe your perspective, and help you focus on what is truly most important to you. Have you found that to be the case for you?

- Hank Smith: 00:17:26 Absolutely. And they become, what did [Elder Scott](#) say once? They become a friend who can help you in time of need, give you some advice.
- John Bytheway: 00:17:35 And in Lehi's dream, it's something to hold onto. It's the word of God. Things are shaky. What do I hold onto? Boom, hold onto that. Iron rod.
- Dr. Camey Andersen: 00:17:45 So powerful. I hope that everyone will be thinking of one, maybe they'll pick one up from our discussion today. We see that Moses re-shares with the Israelites the Ten Commandments, and then he talks about how they can use them in their lives to continue to be faithful, happy, successful, even when he is no longer with them. He's having the Israelites remember. That is a key theme in Deuteronomy. The name Deuteronomy is from the Greek name, which means second law. We're getting that reinforcement. Any of us who have ever taught anything, which is most of us in the church, we're all teachers. It's not enough to just teach one time. Have you found that in your classes? Like, is one time enough to teach one of those hard principles?
- Hank Smith: 00:18:55 Oh, goodness. I've frequently asked my students, Hey, how many of you played sports? And they'll raise their hand. How many of you ran the same play in practice? Oh, hundreds of times. Oh, who here was a dancer? How many times did you do that dance before performing it? Repetition is the law of learning. It is a law of learning. If you want to learn something, it must be repeated over and over and over until it becomes basically part of you.
- Dr. Camey Andersen: 00:19:25 I was an English major my first time at BYU. Love being an English major and love my English books, love my novels, and there are a lot of them that sit beautifully on the shelf. As opposed to my scriptures, which are used so often. I love this social media post. I think [Elder Matthew Holland](#) showed it in his talk at BYU recently after his father, President Jeffrey Holland's passing, showed a picture of the many different copies of the scriptures that had been shared between his parents. You're shaking your head like you know what I'm talking about, John.
- John Bytheway: 00:20:14 Oh, I just remember he had so many different sets of scriptures that probably had been marked differently for different times. That just shows you what a part of his life it was.

Hank Smith: 00:20:27 Yeah, I think the kids were saying, Hey, I want one of these. How many are there? And they put them on the bed. Yeah, you can have 10 each.

Dr. Camey Andersen: 00:20:38 It was beautiful to see. It was a beautiful testament of President and Sister Holland's love for the scriptures.

Hank Smith: 00:20:47 John, you feel that way about your dad's scriptures. I know that.

John Bytheway: 00:20:51 Yeah, I used them and it made me laugh because when we looked at Deuteronomy 6:7, when thou talkest by the way, guess what he had underlined? He underlined, by the way, my undergraduate degree was marketing and I, it was like pre-internet, but I kept some of the textbooks because I thought, Hey, I might need this someday. I remember buying a biology textbook for about 100 dollars and then trying to sell it back and they said, Oh, we're not using that one anymore. It's obsolete. And I thought about how the answers aren't true anymore. The science has evolved or changed. You can put your quad on the shelf. Some of those books are already thousands of years old and they're still true. Here we are reading Deuteronomy, getting inspiration and help and comfort from it. I don't get that from my marketing textbook. I mean, it's pretty amazing.

Dr. Camey Andersen: 00:21:46 We may all be at different places in our testimony, but we can use these wonderful words that have stood the test of time to help us gain that solid foundation of a testimony that will keep us moving through this life, moving through the wilderness, like the people of Moses. If we look in Deuteronomy 5, we see Moses sharing the commandments again. He's reviewing the commandments, the covenant with his people that the Lord has made. Remember, the original Ten Commandments are back in Exodus. That was maybe new news for them at that time, but now they've had the commandments. Moses is reminding them of the importance of staying true to these covenants that they have made. We can think about also different covenants that we make, not only just the basic commandments, but also our temple covenants that help us really stay close to our Heavenly Father and our Savior. Now, it's also interesting that there's slightly different words in these. We won't read all of them just for time, but John, would you mind to read this for us? Deuteronomy 5:12-14.

John Bytheway: 00:23:31 Deuteronomy five, starting in verse 12, "Keep the Sabbath day to sanctify it, as the Lord thy God hath commanded thee. Six days, thou shalt labor and do all thy work. But the seventh day is the Sabbath day of the Lord thy God. In it, thou shalt not do any work. Thou, nor thy son, nor thy daughter, nor thy man

servant, nor thy maid servant, nor thine ox, nor thine ass, nor any of thy cattle, nor thy stranger that is within thy gates, that thy man servant and thy maid servant may rest as well as thou. And remember that thou was the servant in the land of Egypt, and that the Lord thy God brought thee out thence through a mighty hand and by a stretched out arm. Therefore, the Lord thy God commanded thee to keep the Sabbath day."

- Dr. Camey Andersen: 00:24:21 Thank you. He's asking them to remember not just the commandment, but also remember the blessings, remember the miracles, remember what the Lord has done for you in connection with these commandments that you've been keeping.
- John Bytheway: 00:24:41 I was thinking about how interesting that in the middle of a commandment is, Hey, I want you to remember an event. Remember this event and how I'm thinking Nephi did. Nephi talked about Moses all the time in the Book of Mormon. And hey, let's be like Moses.
- Hank Smith: 00:24:58 He says, You're going to not have your servants or your employees work. Do you remember being a servant in the land of Egypt? Do you remember no one giving you rest? You're not going to do that to others. Please remember what it was like to be in that position. I like that idea.
- John Bytheway: 00:25:19 And Hank, that reminds me of a previous chapter where they were told to some hospitality rules about strangers, and then he says, Remember, you were a stranger in the land of Egypt.
- Hank Smith: 00:25:30 Right. You know how that feels.
- Dr. Camey Andersen: 00:25:32 What is it about remembering that is such a powerful spiritual principle for us that Moses, as he's thinking about the end of his life, as he's thinking about what can he do to strengthen his people, not just give them the commandments, but help them remember how the Lord had blessed them and how he had brought miracles into their lives. Why is that so important for us in our own day as we're thinking about commandments, we're asked to keep covenants that make a difference in our lives?
- Hank Smith: 00:26:18 Absolutely. This is the crucial question. John has taught me this over the years, the sacrament. That they will always remember him, which is interesting because remember means that you forgot. You can't remember unless you forgot so that you will always forget and remember, forget and remember, forget and remember. Remembering has a lot to do with repent, being

converted to daily repentance. So as I remember, I repent. I think they are tied together. Does faith have a short shelf life? I have found that experiences I think I'll never forget that unless I write them down, I would forget them. I try to write them down to make them not so I never forget, but so that I can remember.

Dr. Camey Andersen: 00:27:11

So important. Writing it down and then going back to review it over time, especially when we face challenges that we remember what the Lord has done for us.

John Bytheway: 00:27:24

I was really blessed by [President Henry B. Eyring](#)'s thought that a journal isn't just for our trips and our trophies, because I thought that's what it was for. I did this and I won this and I went here and here's a picture of me here. He said that, I'm paraphrasing of course, but the reason for a journal is to document the hand of the Lord in your life so that you'll remember, oh, he has been involved in my life. He does care about me and will continue to care about me. [Elder Holland](#) gave a talk called Lord, I Believe, where he said, hold fast to what you already know. When you're having doubts or problems, I thought, you've got to write it down to be able to hold fast. Make a list of President Eyring's journal. Make a list of how God has been involved in your life and hold fast to that. Don't forget it. And that's what a journal can do.

Hank Smith: 00:28:24

Many people love 2 Nephi 4. Nephi is writing about his father's death. It's been decades since this happened. As he writes about it, something sinks him. He is, oh, wretched man that I am. I am encompassed about by temptation and sin. My heart groans because of my sins. Nevertheless, this is the low point, right, in verse 19. Nevertheless, I know in whom I have trusted. And the rest of this Psalm is him remembering what God has done for him. By the end, he has completely changed. He is no longer in this dark place. He's come out of it. He's giving himself a pep talk by the end. Oh, Lord, I have trusted in thee. I will trust in thee forever. So remembering for Nephi pulled him out of darkness, pulled him out of almost a depression, sadness. John, what would you call it? He's in a dark place as he's writing and remembering turns it around.

John Bytheway: 00:29:31

I would love to be as wretched as Nephi.

Dr. Camey Andersen: 00:29:36

It's hard to say that word tied to him.

John Bytheway: 00:29:39

Yeah. But Hank, you mentioned my dad's scriptures. I'm looking right at it where Nephi remembers the hand of the Lord in his life and says, He hath preserved me upon the waters of the

great deep. And my dad's written, Me! because he survived World War II on an aircraft carrier.

Dr. Camey Andersen: 00:30:00

Oh, wow. Amazing. It's one of the reasons also that we want to record at least some of these stories that we can share with our family. I know now it's so easily accessible on [FamilySearch](#) that anyone, members of the church, friends of the church, you can write your different stories, put a photo if you want, and just put it on Family Search, and it's there forever. And it's free. What a blessing to have that. Not just here and now, but when we may not always be here in person, that our families can still look back and have those, especially those really meaningful experiences. Maybe we start with five key spiritual experiences. They're miracles that have been meaningful in our lives. Even if we are a new member of the church, even if we're not a member of the church, I think everyone could think of five ways that they have seen God's hand in their life and write those down and put them on Family Search even better.

00:31:28

I had a friend who very suddenly passed away and he didn't have children. He wasn't married. He was a wonderful person and he had a great testimony. It had been recorded on some videos and other media. It was there. And I wanted to make sure that that testimony was kept for other members of his extended family or his friends to be able to see, not have to go searching through the internet to try to find it. I was so glad to be able to go to Family Search, put that on his Family Search site so that when his family members in the future or friends of his come to think of him, they can remember his wonderful testimony of our Savior Jesus Christ. Another thing that I might add about remembering that I think we really learn from Moses, again, he has seen so much. You think of all the experiences that he's had. Wouldn't it be great to have Moses' journal?

00:32:55

That'd be an amazing bestseller, I think, Moses' journal. Yeah. I was thinking about a story, and we just finished reading the Doctrine and Covenants not too long ago. If you look in your paper copy of the Doctrine and Covenants, Pearl of Great Price triple combination scriptures, it's only under like a footnote in Joseph Smith history, but it's the testimony of Oliver Cowdery about receiving the Aaronic priesthood, his experience. I just want to read this in context of remembering, and then we'll go back to Moses. He says, I shall not attempt to paint to you the feelings of this heart, nor the majestic beauty and glory which surrounded us on this occasion, nor has this earth power to give the joy to bestow the peace or comprehend the wisdom which was contained in each sentence as they were delivered by the power of the Holy Spirit. Man may deceive his fellow man.

Deception may follow deception and the children of the wicked one may have power to seduce the foolish and untaught, but one touch with the finger of his love, yea one ray of glory from the upper world or one word from the mouth of the Savior, from the bosom of eternity, strikes it all into insignificance and blots it forever from the mind.

00:34:29 That's Joseph Smith History 1:71 note. Such a powerful testimony. We know what happened in the life of Oliver Cowdery, even though he had had incredible spiritual experiences, some of the most amazing recorded. He never denied the truth of the Book of Mormon, but he found himself out of the church until later in his life and then when he came back in, soon afterwards, he died. I think often of this amazing testimony and of the many other incredible experiences he had, what did he say?

00:35:13 It was never to be forgotten. Days never to be forgotten, but he did forget. While it would be wonderful to have those heavenly manifestations that [Oliver Cowdery](#) had in the early days of the church, we don't need those to have a testimony, but it wasn't enough for him to keep his testimony strong during his lifetime. What's important to remember about that is when we think about Moses and the Israelites and helping them and seeing them looking to what he could leave them as a prophet with his last testimony, he's thinking, I want them to remember what matters most. I want them to remember the miracles of the parting of the Red Sea. Many of them wouldn't have been there. They certainly would have known that that happened. They wouldn't have known the challenges that were faced, yet if they didn't remember it, it might be hard to keep that focus on the Savior.

00:36:21 What does Moses do in his final words to his people? He asks them to remember. It's just a really powerful lesson to us, even looking at others throughout the scriptures that we make sure in our own lives we do not forget. Heavenly Father has given us those experiences, all of us. We don't forget the power of God's love to show us that he loves us and that his gospel is the true gospel and that we can have the strength, that courage to follow it.

John Bytheway: 00:37:03 To me, that was just another way to say, Keep your eyes on the Savior.

Hank Smith: 00:37:09 We have this false notion that really big, wonderful experiences are going to stick around forever. I remember thinking when I was younger, my young men's leaders would say, feeling the

Holy Ghost is better than seeing an angel. And in my young head, I thought, No way. No way. If I saw an angel, I promise you that would definitely have more impact than feeling the Holy Ghost. I'm going to channel a thought from Joseph F. Smith. The Holy Ghost weaves the truth through the fibers and sinews of the body where it cannot be forgotten. I think that comes from writing it down.

John Bytheway: 00:37:57 And thank you for the reminder, Camey, because I've had times where my wife will elbow me and say, Hey, tell that story. And I'm like, What story? The story you told in this talk about this? And I'm like, I totally forgot that.

Dr. Camey Andersen: 00:38:18 You think of how could you have two more focused righteous people than Hank and John? And if they're having a hard time remembering, I think to write things down, I think that should give everyone, myself, encouragement that I can write it as well.

Hank Smith: 00:38:37 It's kind of intimidating to think I'm going to write this whole story down. That's not what I do. That's not what I would do. I have a note on my phone in which I just need a couple of sentences. Maybe one day I need to write them all the way down. But if you're thinking, I don't have time to sit down and write out every detail. I don't think that's the expectation.

Dr. Camey Andersen: 00:38:59 Some people love to write in their journal. Their physical journal. As a teenager, I loved it. I loved to write in my journal every day of our mission in France. I went with my parents as they served as mission leaders in France, and I made it a point to write every single day. I sometimes would make up on our car trips across France, but I have an entry for every day of our mission. It's interesting to go back and read. I really miss some of the important things. Why didn't I write more about now President Oaks coming to our mission or then Elder Packer coming to our mission? They came. I wrote some things. I had notes, but I was 15. What do you write when you're 15? I still had some important things that I think might be of interest to my six grandchildren in the future.

00:40:06 They might be interested to know when they hit 15 how I had the chance to have that very unexpected interaction with those amazing apostles of Jesus Christ and their wonderful wives at that time. That was wonderful, even if I just got a few sentences, and maybe we are attending general conference and we have the chance to sustain President Oaks as our new prophet. We take a minute to write down what that experience means for us. I remember last time with President Nelson, President Ballard asked us all to do that, to take a few minutes

and write about that when President Nelson was sustained as the prophet. We all have that opportunity. When I read Deuteronomy, you think of Moses reminding his people of the miracles, Deuteronomy 5:15. Remember that thou wast a servant in the land of Egypt. We think of him saying over and over asking his people to remember.

00:41:18 I remember one family home evening that we had in my family, the family I grew up in, growing up, where my mother had us sit around and ask us, Okay, we're going to make a list of all the miracles we've seen in our family. I'm thinking now that maybe we children were not showing as much gratitude or for our lives or maybe we needed to be more grateful or think more about what mattered most. I still have this piece of paper. I just hand wrote it back then. I love to go back and see it because they were very simple things. It was someone doing well on an exam at school or someone, for me at that time, if we were in France, we had some amazing miracles as our family started reading the Book of Mormon every day. There were some miracles of safety where someone was protected.

00:42:28 Maybe looking back, we'd forgotten about what happened as I remembered, Oh, I got some help in this big thing that I was doing at school. And okay, now a couple years down the road it's not a big deal to me, but at the time it was. Even looking back, I don't think I even remembered most of those things that were on that list at this point all these years later. If I went and did the same thing with my own children, what a powerful legacy to remember. One line. It's not always the parting of the Red Sea. It's not the miracle that maybe we would like to have happen, but it is a miracle, nonetheless. I know I've seen that in my life, but there were a lot of miracles that I prayed for, that I did not receive that miracle that I wanted, but looking back, the blessings from Heavenly Father had been amazing, and I'm so grateful for them.

00:43:32 I remember that experience where I heard the prophet and I knew that what he was saying was true. I really had a testimony of that, but maybe you're struggling now and you're not feeling it, and you need to go back to that time and think, I did have that testimony, and what do I need to do to get back there? Or, I did make a difference as a missionary. If we think back to those times, we remember the great message of Moses that he wanted his people not to forget. It's the same for us all these centuries later.

Hank Smith: 00:44:20 That's beautiful. I noticed in the next chapter, he's also worried about them getting wealthy and forgetting. After the Shema, he

says, verse 10, When the Lord brings you into this land of Abraham, Isaac, and Jacob, to give the great and goodly cities, houses full of good things, well-digged wells, vineyards, and olive trees, beware lest thou forget the Lord, which brought thee forth out of the land of Egypt from the house of bondage. This reminds me of this great [Brigham Young](#) quote, The worst fear that I have about members of this church is that they will get rich in this country, forget God and his people, wax fat, and kick themselves out of the church and go to hell. This people will stand mobbing, robbing, poverty, and all manner of persecution and be true. But my greatest fear for them is that they cannot stand wealth and yet they have to be tried with riches. Tried with riches.

Dr. Camey Andersen: 00:45:29

Probably a lot of people want to be tried with riches. I mean, they feel like if they're getting a trial, like, try me with riches.

Hank Smith: 00:45:36

Yeah. Give me this, give me this trial. I mean, Moses was concerned too. You're going to get into the promised land, things are going to go really well, and you'll forget the Lord, which brought you out of the land of Egypt.

John Bytheway: 00:45:50

Tevye in [Fiddler on the Roof](#), his son-in-law says, Riches are God's curse. And Tevye looks up and says, May God smite me with it, and may I never recover. You know, and then sings if I were a rich man or something, but isn't that the story of the Nephites? They prosper and then they set their hearts on their riches instead of keeping their hearts on Christ. And then they have to be reminded through a war or a famine or whatever until they get humbled and build their foundation on Christ again. Yeah.

Dr. Camey Andersen: 00:46:23

Really good counsel to us. As we're thinking about these commandments and keeping us focused on the Savior, I would love to have your thoughts about what he says about teaching children. In Deuteronomy four, he says, I must die in this land. I must not go over Jordan, but ye shall go over and possess that good land. Again, take heed unto yourselves lest ye forget the covenant of the Lord your God, which he made with you. John, can you read for us Deuteronomy verse six and seven.

John Bytheway: 00:47:03

This is part of the Shema, Deuteronomy 6:6, and these words which I command thee this day shall be in thine heart and thou shalt teach them diligently unto thy children, and thou shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.

- Dr. Camey Andersen: 00:47:26 Thank you. Hank, do you want to read verses eight, nine, and let's go ahead and read 10 as well.
- Hank Smith: 00:47:40 Okay. And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes, and thou shalt write them upon the posts of thy house and on thy gates, and it shall be when the Lord thy God shall have brought them into the land which he swear unto the fathers, to Abraham, to Isaac, to Jacob to give the great and goodly cities, which thou buildest not.
- Dr. Camey Andersen: 00:48:04 Then he goes on to talk about remembering the good things that they've had. Then he says, again, in verse 12, Then beware lest thou forget the Lord, which brought thee out of the land of Egypt. How do you teach your children the gospel when maybe like Moses that may not be the perspective that you grew up in. Moses was put into the basket, went, taken by Pharaoh's daughter, raised in the palace. What does that tell us about teaching our own families, especially if we're facing challenges and maybe we don't know where to start?
- Hank Smith: 00:48:56 John brought this up just a little bit earlier, which was, he said, when you talk of them, when you sit in thine house and when you walk by the way, and when you lie down and when you rise up. John, what did you call it? Normal and natural ways? I think that's an [Elder Bednar](#) phrase.
- John Bytheway: 00:49:11 [President Uchtdorf](#), yeah.
- Hank Smith: 00:49:13 Yeah. I really like hearing of those type of stories from children. I actually brought this today. This is Clark Monson, President Monson's son. Now you might think, Oh, I bet [President Monson](#) had family home evening and family scripture study. I bet that they had some formal gospel teaching, which they probably did. This is what Clark remembers. This is when someone interviewed Clark and asked him what it was like to grow up with President Monson. Clark was deeply touched on a typically marvelous Monson fishing experience. His father asked him to reel in his line for a moment. When the lines were in and the rods were set aside in the boat, Brother Monson said, Clark, in about five minutes, your brother Tom will be sitting down to take the bar exam, admitting him to the practice of law. He has worked hard for three years of law school for this, and he will be very nervous. Let's just kneel here in the boat. I'll offer a prayer for him and then you offer one. It wasn't a formal let's have family home evening, it was a fishing trip. To me, that's what I get out of verse seven. When you sit in your house, when

you walk by the way, when you lie down, when you rise up, talk of them.

- John Bytheway: 00:50:38 I would love to be a perfect example, but I'm not. I'm an imperfect example, and that means that I need to show my children I have to repent sometimes. I need to apologize to them to let them know I'm trying to stay on that path and help them see that they'll probably make mistakes too, but you try to stay on that path. I'll never be a perfect example, but I can be a repenting example, I guess.
- Dr. Camey Andersen: 00:51:12 I love that. When they go and have their own families, like President Monson's son, they remember that maybe more than the big events, vacations and other times that we think as parents are so important, but those small times that are often so meaningful.
- Hank Smith: 00:51:35 I have another fishing example. I was up at Aspen Grove fishing with my son, Mason. We were really trying to catch fish. You could even see them. It was like the easiest fishing you could do, and we're trying to catch fish. These fish are like, No way. We know what you're trying to do. We would disguise the hook and we would try different bait, and then we would throw the bait in without a hook. They'd come eat it. Then we'd try it again and nothing. And we were sitting there talking. I said, Mason, we're kind of like the adversary. We're kind of like Satan here. We are trying to disguise this hook. They can see right through it. And he said, Yeah. And I said, How are ways that Satan tries to disguise the hooks? So we talked about that for a little while and we had a really good moment. And then I thought, Wow, I'm a pretty good parent. And then Mason went right over and hit his brother. I was like, All right. Good feeling gone.
- Dr. Camey Andersen: 00:52:34 Well, I think you should still congratulate yourself. I think it's a great, probably in the end that's what they remember, the fishing.
- Hank Smith: 00:52:44 Yeah. My dad was a golfer. He would talk about why people who designed golf courses, where they put sand traps. They put them right where they think you're going to try to cut a corner. He'd say, Don't you think Satan's like that a little bit? I'm going to put a trap right here where they're going to try to take advantage of the situation. That's what I think of, Camey, when the Lord says, Teach them diligently. Teach them diligently and talk of them when you sit in thine house.

Dr. Camey Andersen: 00:53:14

Those are such great examples, both of those. I think it's so easy to be as a parent discouraged. And I think we've talked about maybe some of the temptations that the adversary gives us. One of those is discouragement. It's very easy to get discouraged as a parent. I'm not doing enough. I'm not a good enough gospel teacher. I don't have the background that others have. I'm a new member. I didn't grow up with parents that taught me. How can I teach my own children to have that faith in Jesus Christ that I want them to have? How can I teach them to love the teachings of the prophets and be faithful in the gospel, to want to love the temple and be in the temple as much as they can? How can I teach them that when I don't have that experience in my own life?

00:54:11

I was so touched by the vulnerability, by the honesty of [President Oaks](#) in October General Conference when he talked about some of the personal difficulties he had faced as a young man in his family. And it just reminded me of some of the similar feelings that Moses may have felt in his own difficulties as a youth, not having the family situation that his peers would have had. President Oaks said to us, started off with exactly what we'd expect from the soon to be ordained prophet. This is a family church. Aren't we so grateful for a prophet that in today's world reminds us this is a family church? This is in his talk, the Family-centered Gospel of Jesus Christ. He says, As parental influences diminish, Latter-day Saints will still have a God-given responsibility to teach their children to prepare for our family destiny in eternity. Many of us must do this when not all of our families are traditional.

00:55:30

Divorce, death, and separation are realities. I experienced that in the family in which I was raised. Again, this is President Oaks speaking. My father died when I was seven years old, so my younger brother and sister and I were raised by a widowed mother. In the most difficult of situations, she pressed on. She was alone and broken, but with the Lord's help, her powerful teaching of the doctrine of the restored church guided us. How she prayed for heavenly assistance in raising her children, and she was blessed. I know many other families are not so happy, but every single mother, or I would say father, can teach of the love of a heavenly father and the eventual blessings of a temple marriage. You too can do this. Heavenly Father's Plan assures this possibility for everyone. And then he tells such a personally tender story. He said, Our doctrine and our belief in eternal families strengthen and bond us.

00:56:40

I will never forget the promise of my maternal Grandfather Harris when we children were living on his farm near Payson,

Utah. He gave me the tragic news that my father had died in far away Denver, Colorado. I ran into the bedroom and knelt beside the bed, crying my heart out. Grandpa followed me and went to his knees beside me and said, I will be your father. That tender promise is a powerful example of what grandparents can do to fill in the gaps when families lose or are missing a member. Then he talks about the blessings that we have as families, even if, as he explained, it may not be exactly the traditional family. This is what we see from Moses sharing his insights with the Israelites that he didn't come from a traditional family, anything but. And yet, he, through his faithfulness, through his commitment to the Lord, even in difficult times, he was willing to see that God had a plan for him.

00:57:54 He somehow saw his identity even in that time in the palace with other things going on around him. He was able to see his identity and move ahead. And as time went on, he became who our Savior wanted him to be. What an example we have today, because he did. He's willing to then encourage others who also may not face completely ideal family situations in their own teaching of their children that I see him saying, he doesn't exactly say it this way in the scriptures, but I see him saying when he says that you can do it. Remember the miracles, you can do it. Heavenly Father and the Savior will help you.

Hank Smith: 00:58:44 Camey, you have an expertise here that I would like to tap into. Right here, we're talking about teaching diligently. There are people all across the world who don't have the opportunity to get an education like this is talking about. I think Moses is saying, Teach them diligently, like, not just about God, but about everything. God encompasses everything. You know all about teaching across the world. Could you share with our listeners some of your experiences? I know you're excited about what's happening on some other continents in the world. So could you tell us a little bit about that?

Dr. Camey Andersen: 00:59:25 Well, I'm excited about what's happening across the world, especially through some of the amazing humanitarian efforts of the church. We'll tie this all into our great verses here in Deuteronomy, especially Deuteronomy 15. We'll remember the great quote by our prophet, [President Nelson](#), Education is a religious responsibility. Now, we have [President Oaks](#) who talks about education is a gift from God to then go and be able to serve other people. And our prophets have encouraged us to find the blessings of education that allow us not only to contribute here, but contribute in the future and use those talents that our Heavenly Father has given us. I have the opportunity to work for the Succeed in School program for the

church. It's a program for youth ages 11 to 18 that helps them improve their reading, writing, math, studying life skills, and other skills that help them not only in academics, but also build their faith with seminary and self-reliance so that they can go on to higher education, including [BYU Pathway Worldwide](#) and other higher education opportunities to really stay committed to the covenant path and attend the temple, serve missions as they choose, and then come back and serve in the church in remarkable ways.

- 01:01:04 This is what we're seeing around the world as many parents who want to teach their children the value of education that our savior, our heavenly father want us to have those opportunities to learn and become more like them through learning, not just spiritual learning also, but learning that we can have here on earth and different subjects that, especially reading, we want to read the scriptures through this amazing program, Succeed in School, many youth who have not had the opportunity to have education are able to come after school after their regular classes and improve their opportunities for success in passing tests and moving forward in seminary and faith and life. And it is truly a miracle. Maybe we turn for a minute to Deuteronomy 15, which talks about this issue of looking at those who are quote strangers. No one is a stranger to God, God knows all of us, but who might be a stranger?
- 01:02:16 I point out the church just released its [caring report](#) for 2025, more than \$1.5 billion spent in humanitarian efforts around the world. Truly incredible to think that we are part of a church that not only does amazing things on Sunday, that helps us grow in our testimonies, but that so generously contributes to the help, happiness, and education of others. I was so touched by this quote from the First Presidency that is in the front page of the report. It says, Members of the Church of Jesus Christ of Latter-day Saints, we seek to follow him by ministering to the sick, feeding the hungry and comforting the afflicted. Ours is a ministry of great joy to all of God's children. Truly, that is what I see. I returned last week from an amazing trip with my wonderful Succeed in School, Seminary Institute colleagues and students and amazing young single adults and youth in West Africa.
- 01:03:36 That is what I see. They are given more opportunities than they have ever had to embrace education. The ability to become what they see our Heavenly Father wants them to become, they are finding amazing joy and happiness and seeing potential in themselves, confidence that they never thought they had. All of a sudden, they see for themselves, they see a future where

they're able to be who Heavenly Father wants them to be, and it is inspiring.

Hank Smith: 01:04:18

Where have you met some of these students?

Dr. Camey Andersen: 01:04:22

In my specific area that I work in is various countries in the West Africa area of the church. Our program, Succeed in School, is in about 30 countries around the world, more than 40,000 students growing, but we also have students here in the United States, Utah, in the Southwest, in Native American Reservation. They are all possibilities for students who are looking to improve their education. In West Africa, they're able to have two healthy meals twice a week as they come and attend reading, writing, and math classes. It's been such a blessing to see more than a million meals served last year in 2025 to our more than 25,000 students there in West Africa. When you're hungry, it's hard to learn, but they still come because I have seen them. I've seen them come in the dark when there's no power, and when there hasn't been a healthy meal, they come, they sit, they listen attentively as our faith-based lessons are taught, they teach reading, writing, math with the scriptures, words of the prophets, and help them learn.

01:05:57

We have almost 30% or more friends of the church who attend with us. We welcome them. They're grateful for that opportunity to learn. It is truly a miracle, I think, of this time to see the blessings of education being able to be more widely shared in these areas and helping these amazing youth to succeed in their lives and be who our Heavenly Father wants them to be. We've seen many of our original students now go on missions. To see them as missionaries is so touching. I hear from quite a few of them to hear the blessings that they see as some have learned another language, English for some, Portuguese, for others, as they've learned another language and are now taking the gospel to people in countries far from where they live and helping them read the scriptures where maybe they weren't able to even read well before.

01:07:11

It is truly a miracle of our Heavenly Father that we see that the church has helped bring and that through the great dedication and diligence of these wonderful students through the support of their leaders and others who are there with them, teachers, more than 4,000 volunteer teachers in West Africa alone, similar to a volunteer seminary teacher or other church calling you might have, they come and they help support these students and mentor them in the most amazing ways. I'm overwhelmed every time I see them to see the faith and dedication, not just to learning, but to God, wanting to truly do

what he wants them to do in their lives. It's amazing to see, and everyone should feel as they are able to contribute to the church's humanitarian program, that they are also part of this amazing effort to care for those in need. I hope you'll take the time to look at that and think about what a blessing it is that in the gospel of Jesus Christ, we can provide that kind of help for others. It's remarkable.



Beware Lest Thou Forget the Lord
PART 2



GUEST: DR. CAMEY ANDERSEN

- John Bytheway: 00:01 Welcome back to part two with Dr. Camey Andersen, Deuteronomy 6 to 34.
- Hank Smith: 00:06 Camey, what you just talked about there, that was one of the main reasons I wanted to bring you on for this portion was because so much of Deuteronomy seems to say, We're here to help. We're here to serve. Did you see that in Deuteronomy?
- Dr. Camey Andersen: 00:23 Absolutely. When we think about these great efforts the church has made, it might also inspire us, and I'm sure many of us have been part of those, but maybe it inspires us in our efforts going forward to look for other ways that we can contribute to humanitarian efforts and make a difference. And we don't have to go to other countries to make a difference. We can do it in our own backyard. There's so much need. Let's go to chapter 10 in Deuteronomy. And we'll first read two verses there, which again goes back to what we were saying about remembering. John, if you don't mind, could you read for us Deuteronomy 10 verses 17 through 19?
- John Bytheway: 01:16 Deuteronomy 10:17. "For the Lord your God is God of Gods and Lord of Lords, a great God, a mighty and a terrible, which regardeth not persons, nor taketh reward. He does execute the judgment of the fatherless and widow and loveth the stranger in giving him food and raiment. Love ye therefore the stranger, for ye were strangers in the land of Egypt."
- Dr. Camey Andersen: 01:43 Powerful verses.
- John Bytheway: 01:44 Again, here's the theme of remembering. I'm taking you to this promised land, but don't forget how you treat strangers because there was a time when you were a stranger. Whatever circumstance you're in, if it's great, remember when your circumstances were not so great.
- Dr. Camey Andersen: 02:04 Really beautiful.

Hank Smith: 02:05 Camey, this is with what you just said about what the church and what you yourself are doing to educate those who wouldn't have opportunities for education. This warms my heart. The Lord is watching out for the strangers, the poor, the widow. And the expectation is that we will as well, because you were there once. That was you at one time. It hurts my heart when I hear Latter-day Saints saying something like, Well, if you don't like what we believe, then you can move. And I'm like, Oh, man, that was us once. If you don't like what we believe you can move. I think we heard that quite a bit in our history.

Dr. Camey Andersen: 02:46 I'm glad you brought that up, Hank, because think about it, it hasn't been that long since early members of the church were the strangers in the communities. They were the ones being forced out. They were the ones whose homes were burned or who were ridiculed or all kinds of other terrible things that they had done all in the name of faith. When I see stories in the news about those who are persecuted for their faith, I think we all have to think back to our own history not that many years ago when members of our church not called members of the Church of Jesus Christ of Latter-day Saints as we are now, were also persecuted because of their faith. When we think about what it says here, that the Lord loveth the stranger, that is great counsel for us as we're thinking about our own behavior that we can all do more to "love the stranger" because in our own communities, not going halfway around the world, but where we are, because that's what the Savior would do.

04:08 That's what he said in the New Testament. Specifically, he references that, that his disciples would do, would they would take care of the stranger. They would take them in. I know I've seen that in my own life, and certainly I wouldn't put myself in the category of many who find themselves in very desperate circumstances, but I have been in circumstances where I saw my life change in one day, change drastically in one day. Many people, I'm sure, could relate with that, that all of a sudden you think you're here and then you're here. It's not necessarily anything that you did. It's just life. It's part of our mortality that sometimes those things, choices of others, life events, other circumstances come into play and we find ourselves in a different situation than we thought we would be. If we're not in that, we're grateful. I hope that I can say, I think I've learned from my own experiences from many people who stepped in to help me as a suddenly single mother with four children at home, not knowing what I would do in the future.

05:34 Certainly I wasn't left to fend for myself. I had many people that helped me, but my life's circumstances changed so drastically. I

had to go back to school. I had to think about what would I do in the future for a job. I was having people, my mom and sister help me take my kids to school all of a sudden where I had never done that before. It was such a dramatic life change that I never would have imagined. Yet, many of us can find ourselves in those situations due to illness, accident. I found for me that while I hoped I was compassionate before, it's made me much more compassionate to the stranger that the Lord talks about here because we can all be that person. Hopefully we're looking for ways to lift them up because that's what the Lord would do. We may find that we need it as well at different times in our lives.

- Hank Smith: 06:38 I wanted to read something from [Elder Holland](#). This talk was called, Are We Not All Beggars? He says, "Cherish that sacred privilege, at least monthly, and be as generous as circumstances permit in your fast offering and other humanitarian, educational, and missionary contributions. I promise that God will be generous to you, and those who find relief at your hand will call your name blessed forever." He's very honest here. He says, "Brothers and sisters, this sermon that he's giving demands that I openly acknowledge the unearned, undeserved, unending blessings in my life, both temporal and spiritual. Like you, I have had to worry about finances on occasion, but I have never been poor, nor do I even know how the poor feel. Furthermore, I do not know all the reasons why the circumstances of birth, health, education, and economic opportunities vary so widely here in mortality. But when I see the want among so many, I do know that," and he quotes this famous saying, "There but for the grace of God, go I."
- 07:55 "I also know that although I am not my brother's keeper, I am my brother's brother, and because I have been given much, I too must give." Camey, I'm so inspired by you and the work you do. You just got home from West Africa and you were gushing over the people that you met and the humility. Maybe even more than anything you say today, the way you live is Deuteronomy personified.
- Dr. Camey Andersen: 08:27 You're kind. I am so uplifted every time I am in any of those incredible West African countries where I have the opportunity to work to see the faith and commitment, covenant keeping like we talk about in Deuteronomy, covenant keeping of these members of the church. They're many thousands of miles from church headquarters. They're the first to honor their covenants. They are the first to sustain President Oaks and the other prophets as prophets, seers and revelators. They are the first to pay their tithing. They are completely committed to being

lifelong disciples of Jesus Christ. It's my great opportunity to know them and be able to be strengthened by their testimonies. That's the blessing of the worldwide church that we have, that we can come together as brothers and sisters, that the things that divide us in a society that society tells us want to divide us don't matter as much in the gospel of Jesus Christ because we remember that we're united by our faith in Jesus Christ, our covenants, that we're one with our heavenly Father, we try to be, and we're working towards becoming that Zion people that's ready to welcome him at the time of his second coming.

10:10 It's a great worldwide effort to do whatever we can, wherever we are, whatever country, the world, city, to strengthen faith and testimony, share our testimony of what we know. Like Moses encouraged his people in his time, we can do that in our time as well. Finishing this topic of such great encouragement to us to look for those in need, whatever kind of need they might have. Deuteronomy 15, "For the poor shall never cease out of the land. Therefore, I command thee saying, thou shalt open thy hand wide unto thy brother, to thy poor and to thy needy in the land." It's my testimony that whenever we do that, and not just with money, but with time, with talents, with any effort we can give to the Lord to strengthen our brothers and sisters, he gives so much back to us because we know that we're helping them become stronger women and men, young men and young women, children, disciples of Jesus Christ, all walking along that path together, wherever we are on it.

John Bytheway: 11:33 I have personal friends who have benefited from the perpetual education fund in the Philippines. I just thought that is the most Zion idea. And if anyone's wondering, I don't know how to build Zion. Well, the church is actively doing things to try to build Zion. As I introduced you today, I mentioned that verse because of their riches and their chances for learning. There's people, their capacity is just as great as anybody, but they don't have chances or opportunities for learning. I love that our church is trying to give people opportunities to learn. I love hearing those stories and I love that there's people like you that are out there doing that.

Dr. Camey Andersen: 12:17 I'm so glad you said that because it's one of the great blessings of the Church Jesus Christ of Latter-day Saints. I think another way that in a hundred ways that we know it's true, people can know it's the true church of Jesus Christ because he is giving every son and daughter the opportunity to have education. Now, my program, Succeed in School for Youth, 11 to 18, it's not in every country yet, but BYU Pathway Worldwide, it is

available, I believe almost everywhere in the world. At the lowest of cost enables you to move through higher education and obtain a college degree or certificates, which allow you to have a skill. It's incredible. The opportunity that is given to members of the church throughout the world and friends of the church as well, job opportunities as well after that online. I hope that if anyone is listening to this podcast and hasn't had the opportunity, I wish they could all come be in a Hank Smith or John Bytheway class at BYU.

13:35 That would be amazing, but they can still attend a class at BYU Pathway Worldwide, no matter where they live, everywhere, almost. They can do that. And then they can attend a institute class with that to also strengthen their faith along with their academic skills and work towards having a better job no matter where they are. I also speak to women or men who may have not finished their education and want to go back to school. It's a great opportunity for them as well. It's not just for single adults, young adults, it's for all people. The church is bringing education to all people because our Heavenly Father, our Savior, want all of us to enjoy the blessings of education. Like you said, not just a select few that may live by a university, but everyone. The church is making this happen specifically through BYU Pathway and the Institute program that's with us. It is a miracle. And I hope that when we think of parting the Red Sea, we know that's a miracle. We can all imagine it happening. This is a miracle too, and it's happening every day around the world.

Hank Smith: 15:03 Camey so well said. For anyone listening who thinks, Oh, it's hard for me to give. It is a sacrifice. I want to read to you something from one of my heroes. I've read it on here before John, [Bishop Edward Partridge](#). First [Bishop](#) of the church gave and gave and gave. He said, this is a letter. "I have torn my affections from this world's goods from the vanities and toys of time and sense and been willing to love and serve God with all my heart and be led by his Holy Spirit. My mind has been, as it were, continually expanding, receiving the things of God until glories indescribable present themselves before me. I am willing to spend and be spent in the cause of my blessed Master."

Dr. Camey Andersen: 15:55 I need that quote, Hank.

Hank Smith: 15:57 Okay.

John Bytheway: 15:58 If I remember my church history right, he was a hatter. He had a hat business.

Hank Smith: 16:03 And he had done very well.

John Bytheway: 16:05 Gave it all up. He had the Midas touch, didn't he? He seemed like whatever he tried, he was really good at and he gave it all up.

Hank Smith: 16:14 Camey, can I throw one thing out at you to have some fun with that verse you showed us, Camey, going back to chapter 10, I think it was. He says, "Love ye therefore the strangers, for ye were strangers in the land of Egypt." Now, what Camey taught us is crucially important. Can we maybe liken this to some other things? Love ye therefore your children. For you were children.

John Bytheway: 16:41 You were children once.

Hank Smith: 16:43 Love ye therefore your students or your teenagers.

Dr. Camey Andersen: 16:48 Mm-hmm.

Hank Smith: 16:49 For you were teenagers once. Sometimes we forget, as a parent, at least I do, I get frustrated with my boys sometimes for doing something that I definitely did worse. I think it's good even as a teacher, both of you, to remember you were a student once. Do you remember the stress? Do you remember the difficulty?

Dr. Camey Andersen: 17:17 Absolutely. I think that we need to be reminded of that patience that we need to have and is easily forgotten as we gain experience and time in this world. It maybe has been longer depending on who we are, but those lessons, if we take time to actually sit and reflect and think back, we might remember that maybe there was a day that I didn't turn something in for some reason, or maybe I could have been nicer to my parents. I can't imagine that. I was always just so perfect.

Hank Smith: 18:04 Golden.

Dr. Camey Andersen: 18:05 At all. I think that we need to take that time to reflect on that. That's a great point.

Hank Smith: 18:14 John, do you ever do that like, Oh, you were little once or...

John Bytheway: 18:18 Yeah. I think I got in an accident with one of my dad's cars once, so when my kids had a fender bender, what am I going to do?

Hank Smith: 18:27 Right.

John Bytheway: 18:28 How could you? I never... Oh, wait a minute. Yes, I did. I did do that.

- Hank Smith: 18:33 I think I've told this story before one other time. There's a story about [Larry Dahl](#), who was a professor of religion at BYU. When he was a kid, he burned down a barn. It's a pretty big deal. His father paid for it. Well, as a father, one of his boys broke a window, and he's very upset, and he's going to go get after him, and his wife says, "Larry, windows are not nearly as expensive as barns. You were there once." Camey, we've had a great experience. Let's keep going. What do we want to look at next?
- Dr. Camey Andersen: 19:13 I thought it might be great if we went back and revisited the importance of covenants to the prophet Moses as he is thinking about the end of his life. Hank, could you read Deuteronomy 10:12?
- Hank Smith: 19:32 Deuteronomy 10:12. "And now, Israel, what does the Lord thy God require of thee, but to fear the Lord thy God, to walk in all his ways and to love him and to serve the Lord thy God with all thy heart and with all thy soul."
- Dr. Camey Andersen: 19:48 If we look even later in the chapter, it talks about how the Lord delights in those who love him. That is also an important thing to remember as we think about covenants and that it's not just an obligation we have to progress in the gospel, but it's something that we hopefully love and truly value as a key part of who we are as a person, as a disciple of Jesus Christ. I'd love to hear more about maybe some of your experiences with covenants and the temple. I know ever since COVID, I've had such a greater appreciation for the temples. For most of my life, I lived far away from a temple, and it was only when I moved to the Utah area that I lived close by to a temple, and I've had such a great appreciation to attend the temple, and now not just for us, but for most members of the church, with the temples that are announced, will be within 200 US miles of a temple, wherever they live in the world.
- 21:05 It's incredible to think of that blessing. I don't know where all the places that you all have lived, but for me, when I think about it, I know there's now a temple being built in my hometown of Tampa, Florida. I can tell you, never in a million years growing up did I ever think there would be a temple in Tampa. We see across the church, I was just in Abidjan, Côte d'Ivoire, and it took almost 10 years after the groundbreaking for the temple to be built. I went back multiple times during that time and would see it, take a picture by it, but it hadn't been dedicated. Finally, the house of the Lord is dedicated there in Abidjan, Côte d'Ivoire, and the members are so grateful to not have to travel to Accra, Ghana to attend the temple. What a great blessing they have. I just wanted to share this short

experience about what I see as the blessings of covenants, not just for us, but in the generation. I'm going to hold up a little key chain for those who can see it. Can you see what's on this key chain?

Hank Smith: 22:23

It looks like a temple, but I can't tell from here.

Dr. Camey Andersen: 22:26

It is. It's a Salt Lake Temple. This key chain is more than 50 years old. It belonged to my great-grandmother. Her name was Mildred Kerr Aman. She had what might be considered a challenging life. She was not a member of the church. She wasn't born in the church. Around the time that she was maybe a little younger than me. Her husband left and she was divorced in a time when there wasn't... divorce was not that common, and she had one of her children had passed away in a tragic accident as a child. So she had one remaining child, my grandmother. She didn't really have an educational background. She was left to take care of herself and move ahead in the world. And she did have an amazing daughter who was my grandmother, and then later her family. From the world's perspective, her life might not have seemed to be the ideal.

23:31

In the meantime, my grandmother joined the church as she was marrying my grandfather, so in her 20s, they moved around with the military for a few years. They eventually came back to Tampa, were active in the church, and after several years decided they wanted to go be sealed in the temple in Salt Lake City. That was the closest temple to Florida back then. As they went to Salt Lake City to be sealed in the temple, my grandmother's mother, Mildred, my great-grandmother, took the missionary discussions. She had not previously, even though her daughter, my grandmother, Martha, had encouraged her so much as her only daughter and had wanted her so much to be part of the church. She had really resisted. But while they were away going to the temple, her mother took the missionary discussions. I assume again, because I think she'd seen the missionaries maybe through the years.

24:29

When my grandparents and my mom and her brothers came back from being sealed in the temple, long car drive back and forth, my great-grandmother was ready to be baptized. In a short period of time, she made another drive to Salt Lake City with my grandmother to receive her endowment in the Salt Lake Temple. And when she did, she got this little key chain that she kept on her keys for the rest of her life. The interesting part of the story is that that was the only time she was ever able to attend the temple because she was an older woman. She lived thousands of miles away from the temple. She ended up having

an illness that resulted in her being in an accident and in a care center for the final years of her life, and she was never able to attend the temple again. One time being able to go to the temple.

25:32 She never had the opportunity to remarry. While she had this wonderful daughter and grandchildren, and she had the chance to serve in a Relief Society presidency with my grandmother as the president, and she as a counselor, which was such a special thing. She might have thought, I don't know about my covenants. Is it working for me? You remember that great talk, Mortality Works that was given a few years ago where it talked about sometimes it seems like maybe it's not all working the perfect way we might want it to work. But the great thing was, even though she might not have had all the blessings that she wanted in this life, she was always faithful to her covenants. She kept the temple as the focus of her life on her key chain until she was not needing keys anymore in her life. I love that about her.

26:31 It gives me so much strength. Now, well, I'm her great-granddaughter, and I have grandchildren, and so do many other people in her posterity, and who are faithful in the church and active in the church, while she only had the one daughter that she had at the time, she was divorced, and somewhat of a difficult life, her posterity has had amazing blessings. We look at her and think, What a great example of faithfulness to your covenants, even in very challenging times. That's the power of covenants that you see beyond what happens now to you. Look to the future and say, My life may not be perfect. I may not have all the blessings that I want right now, but I contribute as I can. She contributed in her ward. She blessed the life of her family while she lived. Then we have the blessings of the gospel in our lives, and she is a great part of that.

27:38 We're so thankful for her example these many years later. I'm so grateful for the power of covenants that that keeps us anchored no matter what. And I'd love to hear any thoughts you all have on how covenants make a difference for us as we're thinking of Moses ready to leave this life, how those covenants help us stay anchored to what matters, even if it's hard to see sometimes.

John Bytheway: 28:11 Recently, we've heard some great insights from leaders about not thinking of a covenant as a contract, but as a relationship, the power of a relationship. Sometimes I'm not strong against temptation. Maybe the answer is, yeah, you're not, but Jesus is, and you've made a covenant with him. He can be with you. I

also think when I have a hard decision to make, I think, Well, who have I made covenants with? That always clarifies things for me.

- Dr. Camey Andersen: 28:42 We have a family. Even if we don't think we have a family, we do. We have family past that loves us and cares about what choices we make that lead us to live with them again.
- John Bytheway: 28:58 You just demonstrated that by showing something from your great-grandmother. This is a covenant connection you have.
- Hank Smith: 29:05 Yeah. John knows that when I think of covenants and the Abrahamic covenant, I think the Lord said to a certain family, I need you to bless all the families of the earth. I'm going to choose you, Abraham and your posterity, which all three of us are a part of. You're going to bless all the families of the earth. I'm going to give you commandments. You keep those commandments. I will pour out blessings upon you, and you're going to use those blessings to bless everybody else. I think of my obligation to do that, I do like the keeping the commandments part and the getting the blessings part. I like both of those parts.
- 29:44 I'm just learning how to like the bless everybody else part, like sending a boy across the country and saying, I like that kid. I didn't want to send him away, but I can see that that is part of my covenant, or that is part of what the Lord has asked of me. I also like the idea of my wife, she knows everything about me that there is to know, and she still loves me. That to me is very similar to how the Lord feels about us. This isn't a covenant of perfection. This is a relationship. The Lord would say, I know every single thing about you, and I still love you.
- John Bytheway: 30:27 I like you anyway.
- Hank Smith: 30:29 Yeah. Don't reject me. Stay in the relationship. Don't leave, I love you. Yes, believe me, I see you very clearly. Stay in the relationship with me. We'll make this work. Really, the only way out of my covenant with the Lord is for me to reject him, because he will never reject me.
- Dr. Camey Andersen: 30:47 We remember [President Nelson](#) talked to us so strongly about that has said, principle, that no matter what we are doing, and once we make that covenant with him, he will do whatever it takes to bring us back. We are worth it to him. And we know he loves all of us, but it's that covenant relationship that is so special to him. That should give us a lot of comfort if we're ever

feeling discouraged. One of my young adult friends said to me recently, You don't realize how much competition there is online with young adults. It's not the same as when you were my age. I thought, interesting. We maybe don't feel that the same way that young adults do, that sense of competitiveness and I have to be better than the next person because I see it all on social media. And whether it's real or not, it's there.

32:00 Being in the temple as much as we can, that truly anchors us to our Savior and reminds us of him. I've found, at least in my life, in the worst of times, when I felt like I had peace nowhere else, I could always go to the temple and find that peace. I'd come back out, have to take on the world again. You both talked about your amazing, wonderful wives. I think if you're single, you may have more complicated feelings about that. That can be challenging. And the church has reported at different times that more than 50% of members are single at different periods. That can be hard to not have that person that is in that covenant relationship with you, with Savior, but you can always know that you have the Savior there and that as you're doing your part, that things will work out.

33:09 As [President Nelson](#) used to say in a quote I really like, "Faith always propels us forward." This is a quote from a talk I really have read many times by [President Oaks](#) called Trust in the Lord. He says, "A trust in the Lord is a familiar and true teaching in the Church of Jesus Christ of Latter-day Saints. That was Joseph Smith's teaching when the early saints experienced severe persecutions and seemingly insurmountable obstacles. That is still the best principle we can use when our efforts to learn or attempts to find comfort and counter obstacles and matters not yet revealed or not adopted as the official doctrine of the church. The same principle applies to unanswered questions about sealings in the next life, desired readjustments because of events or transgressions in mortality. There is so much we do not know that our only sure reliance is to trust in the Lord and his love for his children."

34:15 I would just give my very strong testimony that the more time I spend in the temple or if I haven't been able to be there to think about my temple covenants, the more trust in the Lord I'm able to have about situations I may not understand or difficulties I have that I never anticipated, but that if we will trust in our Savior, we can have the confidence that in his time, in his way, things will work out and we don't need to worry. Without my covenants, I don't believe I would have that peace and happiness in my life that I have every day because of that.

Hank Smith: 35:07

Camey, another reason I really wanted you for this section was something I noticed. I sometimes will see a word come up a couple of times and think, Man, I've seen that a bunch. I'll grab my phone and I'll say, How many times do I see that? If you read Deuteronomy, you're going to see the word fatherless. In chapter 10, chapter 14, chapter 16, chapter 24, four times, chapter 16 two times, chapter 26 and chapter 27. It keeps coming up. The Lord is very concerned with how they treat the fatherless. I know you have done quite a bit of research on mentoring. I see how that would totally fit this. The Lord is take care of the fatherless. I don't have to remind either of you of this, but the United States has the highest rate of children who do not have a father in the home. And we're talking in the millions of children who do not have a father in the home. Camey, can you tell me more about mentoring, even Moses as a mentor?

Dr. Camey Andersen: 36:10

I love mentoring. I had not necessarily thought about Moses as a mentor. I have looked at others in the scriptures as mentors, but when you look at Deuteronomy, and I would encourage all of our wonderful, dedicated listeners to do this, as you look at Moses as a mentor, as Moses as a leader, let me give you a quote from [President Dieter F. Uchtdorf](#) on mentoring and how it fits into a gospel context because someone might think, Well, we've got mentoring, we've got our religious leaders. How do those work together? Here is what President Uchtdorf said. "The most powerful and capable being in the universe has as his greatest purpose to mentor you, his children and provide a way for them to one day live with him. Think of the people Jesus ministered to during his mortal life. His teachings centered on assuring ordinary people that God was among them. He would answer their prayers, place them on his shoulders, and carry them home." When you think about Moses and his role as the prophet, coming to the end of his life here after serving for so many dedicated, faithful years, can we think of someone who better fits that description? What comes to your mind when you hear that and think about the things that he was doing?

John Bytheway: 37:54

I was thinking first of how Jethro was a mentor to Moses when Moses was so exhausted because of all the problems he had to solve. Jethro's like, You're doing this wrong. You should delegate and taught him this wonderful system. I'm thinking in a larger way how struck I am of how many of these chapters are over and over and over again, taking care of the poor and the fatherless. And I'm thinking anytime we can chip away at that idea that the God of the Old Testament is mean and the God of the New Testament is nice, I think it's good. Here, what we are

seeing is a God who really wants us to be compassionate with each other and the widows and the fatherless and the poor.

Dr. Camey Andersen: 38:42

Great thoughts. I think too that when you think about what impact does a mentor have, you might just think in your mind of someone who's been a great mentor to you, Hank, John, I'm sure you have mentored countless young adults. One of the great pieces of research is that you don't have to spend a long time mentoring for it to have an impact. Quality mentoring can be as effective in the life of a mentee, a youth, a young adult, a employee at a company, as the quantity mentoring that we sometimes might think of when we think of mentoring. I love to go to speak at mentoring seminars and ask people who's mentored you? And so many times, it's just one or two brief incidents. Maybe it was a church leader that they had a brief interaction with and made a difference for them. Maybe it was someone who worked with them for a longer period of time, a teacher that showed a lot of interest in them, a relative that cared about them when they felt like they didn't get that attention at home or they had a difficult family situation. Mentoring can be truly life-changing and helping people see a vision for who they can become.

Hank Smith: 40:22

There's so many people that come to mind. It's hard to say, Oh, that one was the one that really made the difference. But one that comes to mind, and if someone out there's listening, say, Hey, I was your best mentor. Then I'm sorry if I missed you here, but-

Dr. Camey Andersen: 40:36

Everyone is going to be writing to Hank and John telling them what great mentors they've been to them. I think that'd be fantastic.

Hank Smith: 40:46

I had a couple in my time, think of bishops, of course. When I was younger, bishops who took time with me, a mission president that really blessed my life. And then I was a student teacher when a man named Russ Bullock. He decided that there was a good teacher somewhere in me. He was going to bring that teacher out. He did. In a way, he loved me, loved my wife. We had no children at the time. I credit him for a lot of my career. What can I say about Russ Bullock other than I love that man? Still to this day, we don't get to talk anymore. He's retired from church education, but if I think of him, Camey, even though it's been a while since we've talked, it still floods my heart.

Dr. Camey Andersen: 41:37

Brings a great feeling, doesn't it? Because you know that when we think about what [President Uchtdorf](#) said, that effort to

mentor in the Savior's way, it's not assigned that's the pure love of Christ that is coming out to serve someone in a way that only you can using your unique talents to bless someone's life. The wonderful thing is that there is no one that can't be a mentor no matter how many talents you feel like you have. Everyone can be a mentor to someone and make that difference for them that maybe in a different way than your mentor did for you. But everyone can do that for someone, even in peer mentoring where I've seen wonderful examples of peer mentoring where students mentor each other. I'll see them where an older student is helping a younger student to learn a concept or do something that they didn't know how to do. And what a blessing.

- John Bytheway: 42:47 I feel like, Hank, I might miss somebody. Priest quorum advisor named John Peay was amazing. I could name so many bishops and I can't tell you as a teenager every year who won the Super Bowl or the World Series or Academy Awards, but I can remember all my bishops. I can remember my young men's leaders. They're the ones that had the biggest impact. Robert Millet helped me tremendously. David Christensen in teaching. Sister Kathy Schlendorf helped me a lot in teaching. Menlo Smith, my mission leader that I still keep in touch with who's in his late 90s. I mean, sometimes Hank, all I have to do is, what would President do? They're still helping me. And of course, my own father, we don't generally think of fathers as mentors, but I do. There's so many, I hate to miss anybody.
- Dr. Camey Andersen: 43:40 That's another list. We've gone through a couple lists we can make today, scriptures, miracles, now mentor list.
- John Bytheway: 43:48 Camey, you mentioned Paul and Timothy. That's a really good one. One that's one of my favorites is Ammaron and Mormon, who comes along. Well, I perceive that thou are a sober child and are quick to observe. Mormon says, when I was 10 years of age, he came unto me. Most 10-year-olds aren't out going, Hey, could you mentor me? Somehow Ammaron was watching and said, Let me tell you something about you that you might not even see in yourself. You are a sober child. You are quick to observe. Let me give you an assignment. When you're 24 years old, go to the hill Shim and dig up the record. It's kind of a nice little story in there in Mormon chapter one.
- Hank Smith: 44:36 I thought of my father-in-law, John, when you started talking about your dad, my own father, and then my father-in-law, Rod Savage in St. George. Man, when I walked in his house, he must have thought, Are you kidding? That is who my daughter

brought home? But he took on this project. Man, he spent hours and hours with me.

- John Bytheway: 44:58 And I better mention my father-in-law, Michael Loveridge, who has been a mentor for all of my children that are trying to be the pianist that he already is.
- Hank Smith: 45:09 Camey, thank you for that.
- Dr. Camey Andersen: 45:11 I love this. We could go another three hours and we could talk about all the amazing lessons we've learned from different mentors in our lives. Actually, it's one of the reasons I love the academic field of mentoring because I feel like in the gospel of Jesus Christ, it is so relevant to everything we're doing if we choose to in our service that we're already doing and callings and so many other things, mentor in the Savior's way. When you think about the Savior reaching out to people one-on-one, we do that in our mentoring efforts, whether it's a long period of time or short, we can have a huge difference in someone's life. Hank, to go back to what you said about the fatherless so many times, I hadn't realized that, that those scriptures about the fathers were mentioned so many times in Deuteronomy. Now I'm going to have to go back and look all those up, especially for those who, as we spoke of earlier, may find themselves in challenging situations.
- 46:22 And not just youth or young adults, but even older people for me, going back to do a PhD was really hard. So many people were great mentors to me. I'm not going to mention all of them on here today, but many at BYU, then in my other employment, volunteering with a refugee organization or later in my job with Succeed in School truly gave me opportunities looked beyond maybe some of what was just there on the resume to give me opportunities to become who I could be that maybe I couldn't even see for myself. I'm so grateful for the opportunities I have now because people were willing to mentor me, especially in the church, in our callings. We have so many opportunities. We don't have to sit and have an organized mentoring meeting, but I think of a wonderful primary teacher in Baltimore, Maryland, where we lived for many years.
- 47:37 She was such a great mentor to my children as they were going through primary. Now, they're all married now, and she still keeps in touch with them, sends them thoughtful cards, thanks to them. It's been more than 20 years, and she is still reaching out to them, just like she did as their primary teacher there in Baltimore. She is still looking out for them, still wanting to know that they're strong in their faith, and moving ahead on the

covenant path, and knowing that they had a teacher that loved them and cared about them, and still does. I think mentors help us see our heavenly father's love for us, whether it's even in professional ways that we're just supported in a way when we feel like we couldn't do it on our own. We have someone step in to say, I can give you some help and help you.

- 48:44 As Moses... Think of all the experiences Moses has had. What is he doing? He's thinking back to the fatherless, the widow. Maybe they didn't have divorced people back then, but I'm sure he would've put that in there. That would've been included. Seeing other single people or those faith in health challenges or others who really needed extra help, and he's looking out for them with the experiences that he had. I think it's really amazing and a great example for us in our own lives to say, I can be a mentor like the Savior and like the prophets.
- Hank Smith: 49:25 I'd never thought about that, John and Camey, where you just said, Moses had a mentor, someone who stepped, Jethro stepped in and said, I'm going to help you.
- John Bytheway: 49:35 You're doing it wrong.
- Dr. Camey Andersen: 49:37 And hopefully that's a call to us.
- Hank Smith: 49:39 Yeah. Camey, you exemplify that in so many ways.
- John Bytheway: 49:45 It's your life's work. Yeah.
- Hank Smith: 49:47 To take care of the other members of this church, and not only that, but to bless the whole earth.
- John Bytheway: 49:53 Very Zion.
- Dr. Camey Andersen: 49:54 A lot of amazing help, and I am, like I said, so blessed to have any small part in working with others to bring more education.
- Hank Smith: 50:11 Camey, hang on. Now, you've asked John about his mentors, and you've asked me about mine. What about you? Who comes to mind for you? And you can't name everybody either. I know.
- Dr. Camey Andersen: 50:21 I'm so grateful for my parents. They've been my greatest mentors and life examples, and of course, the practical things like education or my family and trying to do things that I wanted to accomplish that way and supporting me and those efforts, but especially in the gospel, I'm so grateful for all they did to encourage my testimony. And if I had questions, they never

gave me a pause about that. They just answered them and helped me become the young woman and later woman that I am now when I face very unexpected challenges. They were my greatest supporters. I couldn't have imagined how much I would need my parents as an adult. I'm so grateful for them and how I have been able to look up to them and I hope I can be that kind of mentor for my own children in their lives. I love them so much. I'm just so grateful for them.

- Hank Smith: 51:39 And Camey, I have to tell you a quick story. I was listening to your mother actually speak at BYU. She came to present for the religion department. She told a story that changed my teaching. It was just a brief story. She said that she was in Africa and had gone on a little safari to watch the animals. And she said they saw this group of baboons and they were silent. These baboons were silent. And this lion, this big lion was walking in front of them with a baby baboon in its mouth. She said the baboons were just watching all in silence except for two. There's two in the back who were wailing, like yelling and wailing. She commissioned us as teachers. She said, Each child has some people who care about them deeply. So do your job well. It honestly changed my teaching instead of looking at one or two going, Oh, you're so hard. I thought about that story.
- Dr. Camey Andersen: 52:51 Wow, what a message about looking out for the one.
- Hank Smith: 52:56 Camey, this has been superb.
- Dr. Camey Andersen: 52:59 I'm so grateful for you both giving me the opportunity to come talk with you. I've been so enlightened by your insights. I'm sure listeners have as well. What an opportunity for me to be here, so thank you so much. I am very grateful to both of you. As we think about these great principles that we've learned from the prophet Moses, and we think about him, all that he had learned and taught as a prophet through the years, then coming to his final time, his final message, this is something we see throughout the scriptures. What is the final message that a prophet gives to his people? Why would he give that message? One of the favorite verses that our family has is Doctrine and Covenants, section 1:38 by mine own voice or by the voice of my servants it is the same. We know that prophets speak for our Savior Jesus Christ.
- 54:10 As we go back to our beginning message of looking for our Savior in the Old Testament, we think about the message of our new First Presidency, President Oaks and First Presidency, Jesus Christ is the way, and we think back in time to Moses and we think of this inspiring verse to me in Deuteronomy 30, I want to

read and just end with my testimony, says, "Therefore, choose life that both thou and thy seed may live, that thou mayest love the Lord thy God, and that thou mayest obey his voice, and that thou mayest cleave unto him, for he is thy life and the length of thy days, that thou mayest dwell in the land which the Lord swear unto thy fathers, to Abraham, to Isaac, and to Jacob to give them." I feel so strongly from whether it's the Israelites in the time of Moses or whether it's us today with our new prophet President Oaks and other living prophets that we have that we are blessed to have prophets to help us get through the wilderness, get to the promised land however long it takes, whatever the challenge is.

55:49 If we will look to them, they will walk beside us and point us to the Savior. We can face very difficult trials, even trials we never could have imagined. With the Savior as our focus, with the prophets to lead us and guide us with the scriptures to be our anchor, we can make it. We can know that happiness and joy, as President Oaks said and the First Presidency said in the message of the caring report, happiness, joy are ahead because of Jesus Christ. As I try to do that, that's what I find. Joy in covenants, joy in following the prophets, joy in reading the scriptures, joy in trying to keep my focus on the Savior and hoping that my family will be a part of that with me.

Hank Smith: 56:51 Dr. Camie Andersen, what a superb day. When I thought of Deuteronomy before, I got to admit my heart didn't swell in me. Now when I think of the obligation to help, this has been inspiring to me. I've got to go help.

John Bytheway: 57:08 It's throughout, isn't it nice? I like that you said these are like sermons of Moses. So we have what happened to Moses, now we've got Moses' sermons before he sends them off into the promised land where he doesn't get to go. This is how he wants him to live.

Hank Smith: 57:24 Camey, thank you so much for your time.

Dr. Camey Andersen: 57:27 Thank you. It's been my privilege to be here.

Hank Smith: 57:31 Oh, it's been so fun. I've been looking forward to this for a long time. Now I know why.

John Bytheway: 57:36 It was great.

Hank Smith: 57:37 With that, we want to thank Dr. Camey Andersen for being with us today. We want to thank our executive producer, Shannon

Sorensen, our sponsors, David and Verla Sorensen. In every episode, we remember our founder. He was a mentor to me. Steve Sorensen. We hope you'll join us next week. We're going to jump back into the Old Testament on followHIM.

followHIM Favorites



- Hank Smith: 00:03 Welcome to followHIM Favorites. This is where John and I share a single story to go with each week's Come, Follow Me lesson. John, we're in Deuteronomy this week. Tell me what you have in mind.
- John Bytheway: 00:14 I have a story. This is Deuteronomy 6:7. Thou shalt teach them diligently unto thy children. Thou shalt talk of them when thou sittest in thine house. And when thou walkest by the way, I love that. And when thou liest down and when thou risest up, I have in my margin normal and natural. This reminded me of a story from Elder Robert E. Well's book. I actually, we've told another followHIM Favorites from his book about the cheapest book in a used bookstore. This story, there was a kid who was going to college, I believe it was in Wyoming. The church was kind of far away, but on Sunday, the first week of the semester, he wanted to go to church, so he got on the bus. He gets out of the bus to go up the hill where the church is.
- 00:54 He sees somebody walking in front of him who's dressed up like he is and he runs up and says, Hey, are you new in school this semester? He says, Yeah, I'm just starting. He says, Great. You want to go to church with me? Sure. They go to church together. They go to sacrament meeting. And at the end of the sacrament meeting, he looks at his new friend and he says, So are you an elder or a priest? And he says, Huh? He says, Well, what priesthood do you hold to go to the next meeting? He goes, I don't know what you mean. And it kind of dawns on him. Wait, are you a member of this church? No. He goes, Well, you sang the hymns. That was okay, wasn't it? Yeah. Well, you took the sacrament. Yeah, that was like the Lord's supper, huh? And he goes, Well, why did you come with me? And he said, Oh, well, my church is further up the street, but you were so nice to me. I just thought I'd come with you.
- Hank Smith: 01:41 Go with you. Now, that's beautiful. He had no idea he was doing missionary work.

John Bytheway:	01:47	No, normal, natural, Hey, wanna come to church with me? Sure. What a great idea. What an easy thing to say to somebody, Hey, you wanna come with me? Yeah.
Hank Smith:	01:56	That's so great. Maybe missionary work would be a lot easier if we didn't know if someone wasn't a member.
John Bytheway:	02:02	Right.
Hank Smith:	02:03	We just talk to them. We wouldn't be so nervous. Yeah. Oh, I love it. So the guy just goes to church with him.
John Bytheway:	02:08	Sure. Yeah, I'll go with you. You were so nice. I'll come with you and-
Hank Smith:	02:11	Yeah.
John Bytheway:	02:11	You find out what an elder and a priest does later, right?
Hank Smith:	02:14	He's probably sitting in sacrament meeting and they're having a talk on missionary work and he's like, Oh, I wish I could do more. Do more missionary work. Don't you wish you could do more missionary work?
John Bytheway:	02:23	Uh, yeah, yeah, sure.
Hank Smith:	02:25	Hey, we are in the book of Deuteronomy this week. We're in Deuteronomy 6-7 this week with Dr. Camey Andersen. She has done some incredible work helping the poor and the needy and those who need education, and you want to come over and hear her. She is an expert in this field and draws out some of those principles from the Book of Deuteronomy in ways you've never seen. Then come back here next week. We'll do another followHIM Favorites.