

EPISODE 20 • PART I

Dr. Lili De Hoyos Anderson



D&C 49-50

“That Which is of God is Light”

Show Notes

Podcast General Description:

Follow Him: A *Come, Follow Me* Podcast with Hank Smith & John Bytheway

Do you ever feel that preparing for your weekly *Come, Follow Me* lesson falls short? Join hosts Hank Smith and John Bytheway as they interview experts to make your study for The Church of Jesus Christ of Latter-day Saints' *Come, Follow Me* course not only enjoyable but original and educational. If you are looking for resources to make your study fresh, faithful, and fun--no matter your age--then join us every Sunday.

Podcast Episode 20 Description:

Part 1:

What happens when new members come from different faith backgrounds? Dr. Lilli de Hoyos Anderson joins us to discuss how the Lord, through Joseph Smith revealed the truth about eternal marriage, the Second Coming, and other doctrines as the Saints question their previous belief systems. You'll love Dr. Anderson's practical marriage advice, learning about Parley P. Pratt's fiery personality, and gain a little more understanding about the Shakers and their influence on missionary work.

Part 2:

Will Jesus come back as a woman? Is rolling and shaking a manifestation of the Spirit? We return with Dr. Anderson to discuss whether spiritual manifestations are real, a product of emotion, or even hypocritical. We learn how the Lord is teaching the Saints line by line, as they encounter challenges and growing pains.

Timecode Coming Soon:

Part 1

- 00:00 Introduction to the Podcast
- 01:00 Introduction of Dr. de Hoyos Anderson
- 04:08 Background to Sections 49-50
- 07:04 Lemman Copley Brings Some Shaker Beliefs That Affect New Converts
- 09:07 Section 49 Received to Address Shaker Beliefs
- 12:04 Parley P. Pratt Teaches the Shakers but the Shakers Don't Convert *en masse*
- 14:04 Parley Shakes the Dust from Himself and Offends the Shaker Leader
- 16:23 Why Reading Section Headings Matters
- 17:44 Additional Background on Lemman Copley
- 17:55 Lemman Copley Stays in Ohio When Saints Leave
- 20:02 The Doctrine and Covenants Features the Most of the Lord Speaking in First Person
- 21:58 Hymn #196 is a First and Second Coming Hymn
- 26:48 We Can Hear the Voice of the Lord in the Doctrine and Covenants and Teach Our Children from the Scriptures
- 30:36 The Lord's Theme is First Principles, especially Repentance
- 32:26 Marriage is a Refiner's Fire: Dr. Anderson Shares Story of Couple's Mean Communication Style
- 36:26 Hank Wonders What a *Shimeno* Is
- 39:36 The Family Proclamation Proved to Be Bold and Prophetic
- 40:24 Definition of Resurrection
- 42:26 Zion is Now a Place and a People
- 43:21 Dr. Anderson Shares Insight and Experience About Healthy and Abusive Marriage
- 45:25 Dr. Gottman's Research on Respect Within Marriage
- 40:11 End of Part I

Part 2

- 00:00 Welcome to Part II
- 00:21 Background to Section 50: Spiritual Gift or Emotion?
- 02:27 The Past is a Different Country
- 05:01 President Hinckley: Learn to Avoid Personal Recognition:
- 08:41 The Delta Between Our Faith and Our Actions
- 10:27 The Difference Between Hypocrisy and Real Repentance
- 13:34 The Lord Allows the Wheat and the Tares to Grow Up Together
- 15:46 The Lord Will Take Care of Hypocrites, Not Man
- 18:02 The Lord Teaches With Reason and the Spirit

- 19:58 The Twelve and Members Should Search Revelations Before Asking for Additional--Don't Need to Be Commanded in Everything
- 22:20 The Lord Doesn't Want Us to Make Stupid Decisions but He Will Make Them Work for Our Benefit
- 23:12 Dr. Anderson Shares Story About Young Woman and New Roommate Decision
- 24:02 You Probably Aren't the Exception
- 26:00 Nephi as an Example of Using Reason and Obedience
- 31:00 We have one Savior and It Isn't Us
- 33:05 The Best Teaching is From the Spirit
- 34:02 The Early Saints Were Taught Discernment
- 36:15 We Learn "Line by Line" and by the Spirit or We Lose It
- 38:42 President Monson Missed His Dying Brother and Learns to Be Quick to Obey Promptings
- 41:04 We Grow in Intelligence and Ability with the Spirit (President Hinckley Examples)
- 43:15 Elder Hales Story About Peddling His Bike and Joseph Smith Was a Genius Due to the Spirit Enlarging Him
- 45:16 The Spirit is Like a Wedding Reception
- 49:00 Comparison of Section 50 to Moses 1
- 51:18 The False Doctrine of Judging
- 54:27 The Gospel Makes Us Better in Every Way
- 56:07 The Restoration Brings Light to the Entire Earth
- 59:00 The Lord is With Us as We Grow
- 1:01:24 The Spirit Will Tell Us All the Things That We Should Do
- 1:05:36 John Urges Us To Remember Three Words: Continue in God
- 1:06:45 Dr. Anderson's Testimony
- 1:21:07 End of Part II

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Biographical Information:



Lili De Hoyos Anderson is a first generation American. Her mother is French and her father is Mexican. She mostly grew up in Michigan and Indiana, but when she started high school, both her parents began teaching at BYU, so the family moved to Provo and she graduated from Provo High School.

Dr. Anderson attended BYU and graduated in Sociology. After almost 20 years of being a full-time homemaker, Sister Anderson returned to school to complete a Masters in Social Work degree at UNLV and a PhD in Marriage, Family, and Human Development from BYU, where she taught for several years in the School of Family Life. She is a Licensed Clinical Social Worker and has a full-time private practice in individual, marriage and family counseling.

The Andersons have eight children. They are affectionately referred to as the "Alphabet Kids" because their names are Adam, Bethany, Caitlin, Dominic, Eden,

Faith, Graydon, and Harper. The Andersons are now collecting grandchildren with #36 coming this year.

Dr. Anderson is an avid reader. Over the years, she has also enjoyed sewing, music, making stained glass windows, photography, and quilting. Dr. Anderson has published in the *Ensign* and in various books and journals. Her first book, *Family Foundations*, was written in response to student requests when she was teaching at BYU. Her second book, *Choosing Glory*, was released August 2009 and is available on Kindle. For over 25 years, she has presented at professional conferences and to church groups, including a BYU-I Devotional Address and as Keynote Speaker for the New Zealand YSA Conference.

The Anderson family has lived in Oklahoma, Chicago and for 15 years in Las Vegas, where they mostly raised their family. In Las Vegas, Sister Anderson taught both early morning seminary and two Adult Religion classes for several years. Her greatest love, after the gospel and her family, is teaching.

Dr. Anderson served for two terms (4 years) as president of AMCAP (the Association of Mormon Counselors and Psychotherapists). She also had the privilege of serving on two committees for Church Public Affairs, one of which was tasked with the .2 version of the mormonandgay.org website.

The Andersons now live in Draper, Utah, where they are members of the Draper Corner Canyon 9th Ward.

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